



LEARN TO SKATE

OR LEARN TO
PLAY HOCKEY



class schedule WEDNESDAYS

Learn to Skate

(Ages 6 & up) 6:00-6:50PM

Snow Plow

(Ages 3-5) 6:00-6:35PM

2017/18 sessions

Session 1: Sept. 20 - Nov 1

Session 2: Nov. 8 - Dec 20

Session 3: Jan 10 - Feb 21

Session 4: Feb. 28 - April 11

Session 5: May 2 - Jun 13

Program objectives

- To provide a fun and safe skating experience for the beginner as well as the more advanced skater
- To teach correct technique of the basic elements of skating
- To develop a finer degree of coordination and balance
- To promote physical fitness
- To have fun!

** Snow Plow is any NEW skater under 5*

Registration

Early registration is encouraged, as space is limited. Registration forms are available at www.griffswest.com



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